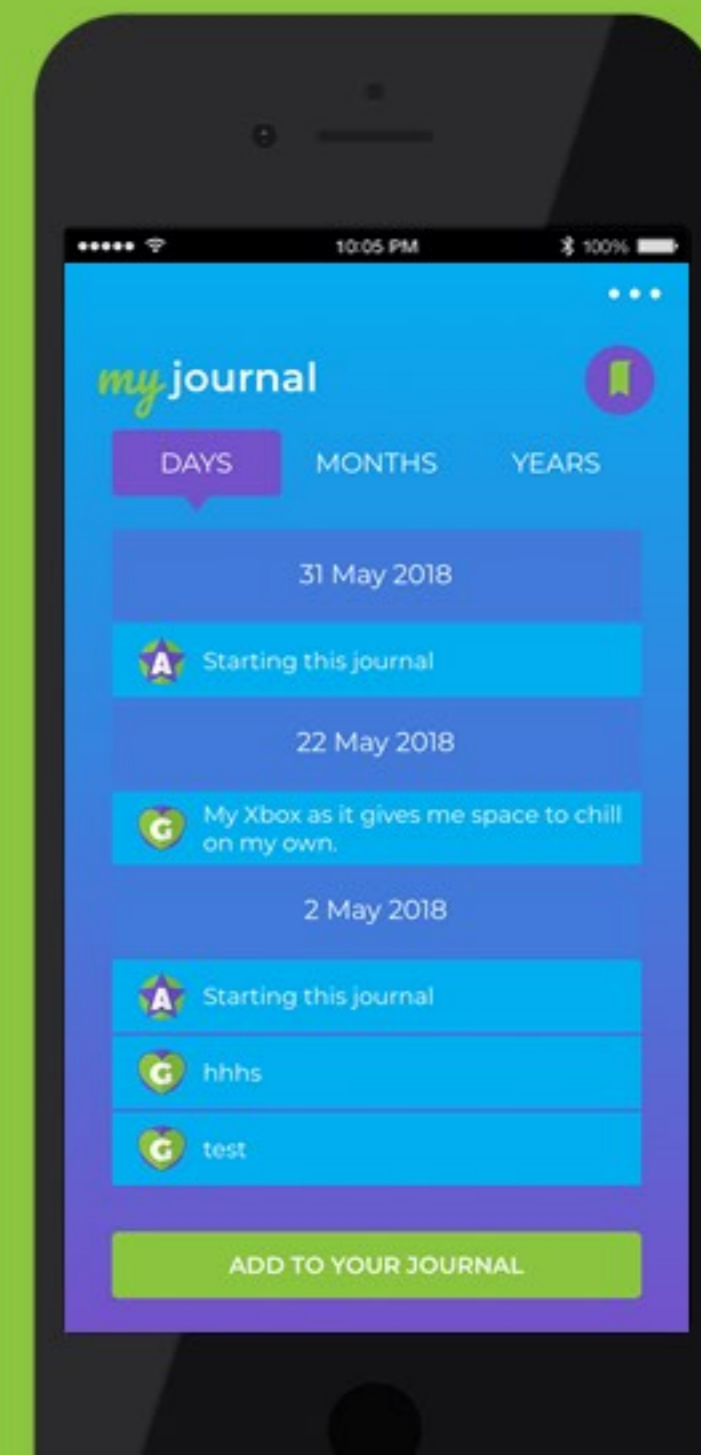
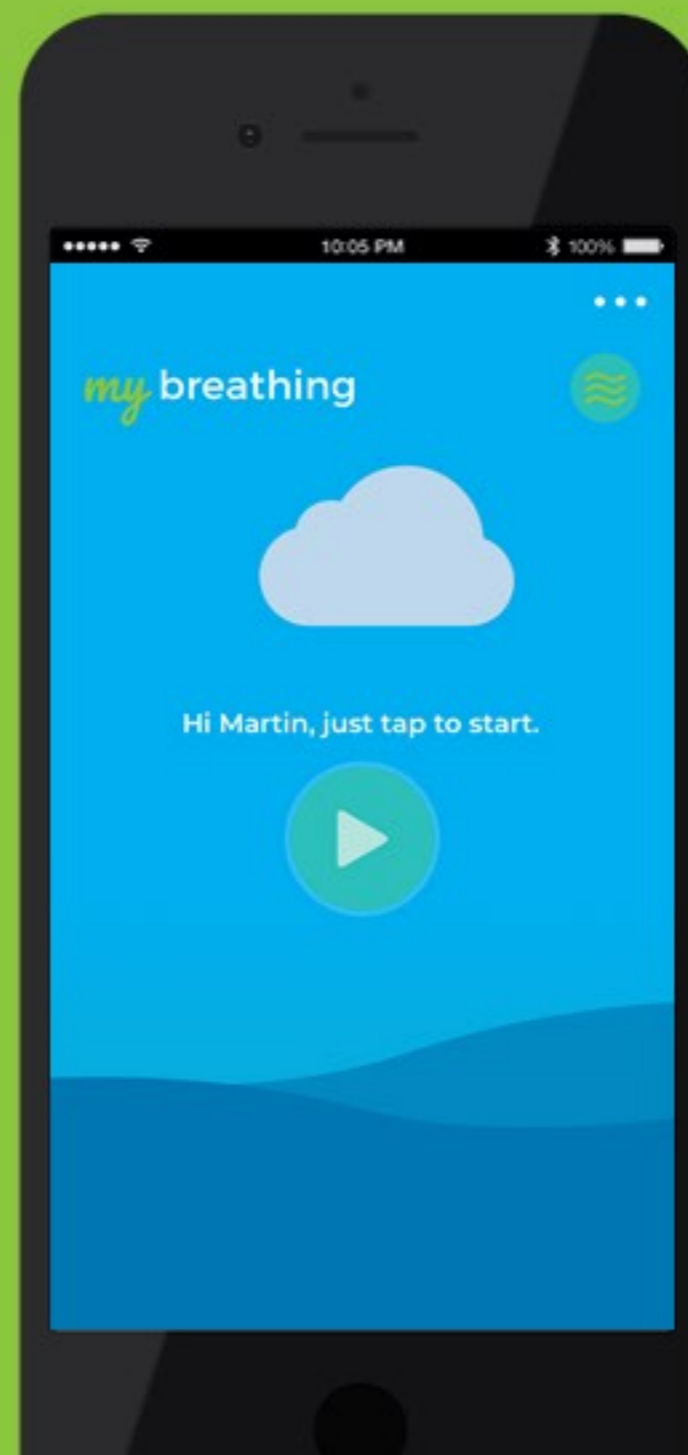
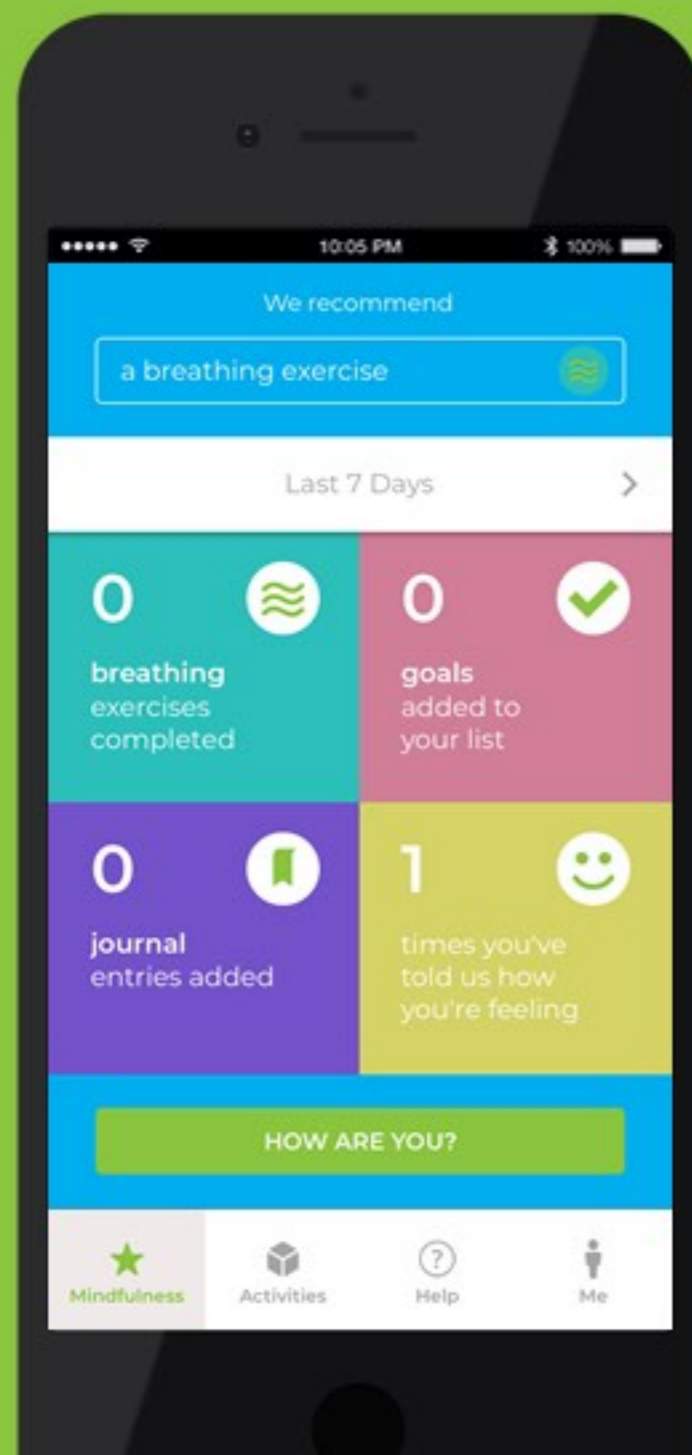


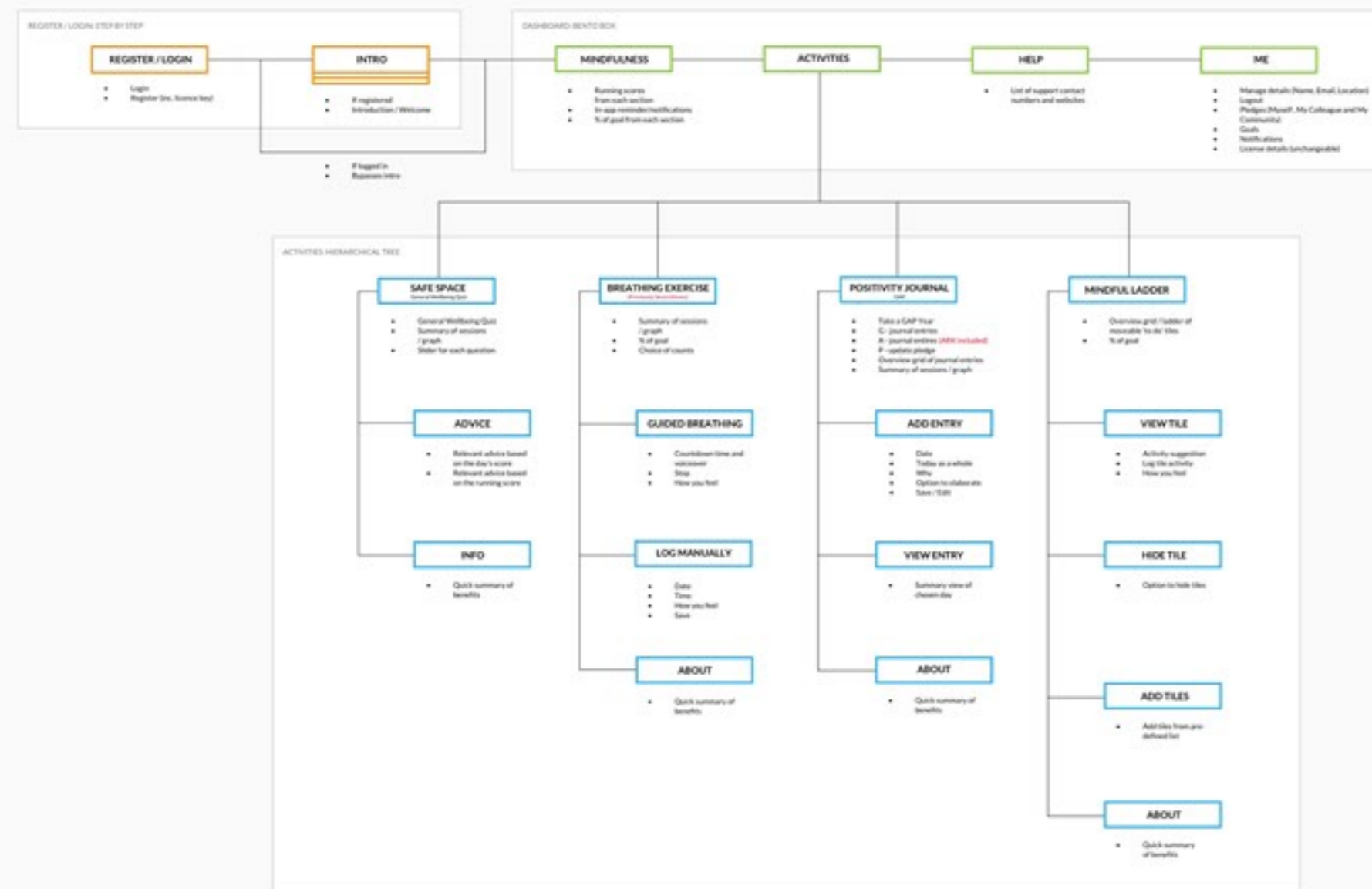
mindfulme.



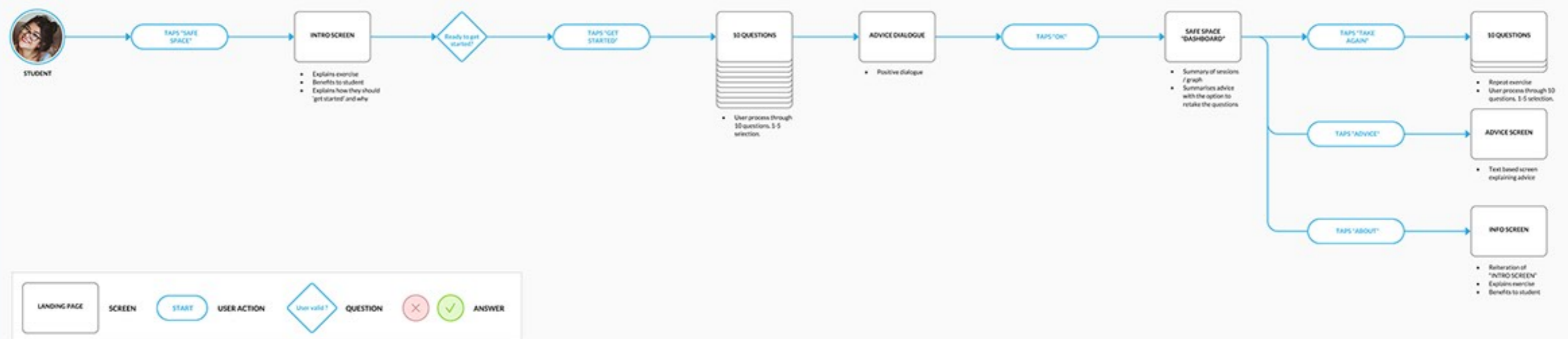
Social Sense are an award winning, Manchester based Social Marketing agency. They embarked upon an iOS and Android app that empowered young people to take control of their emotional health and wellbeing.

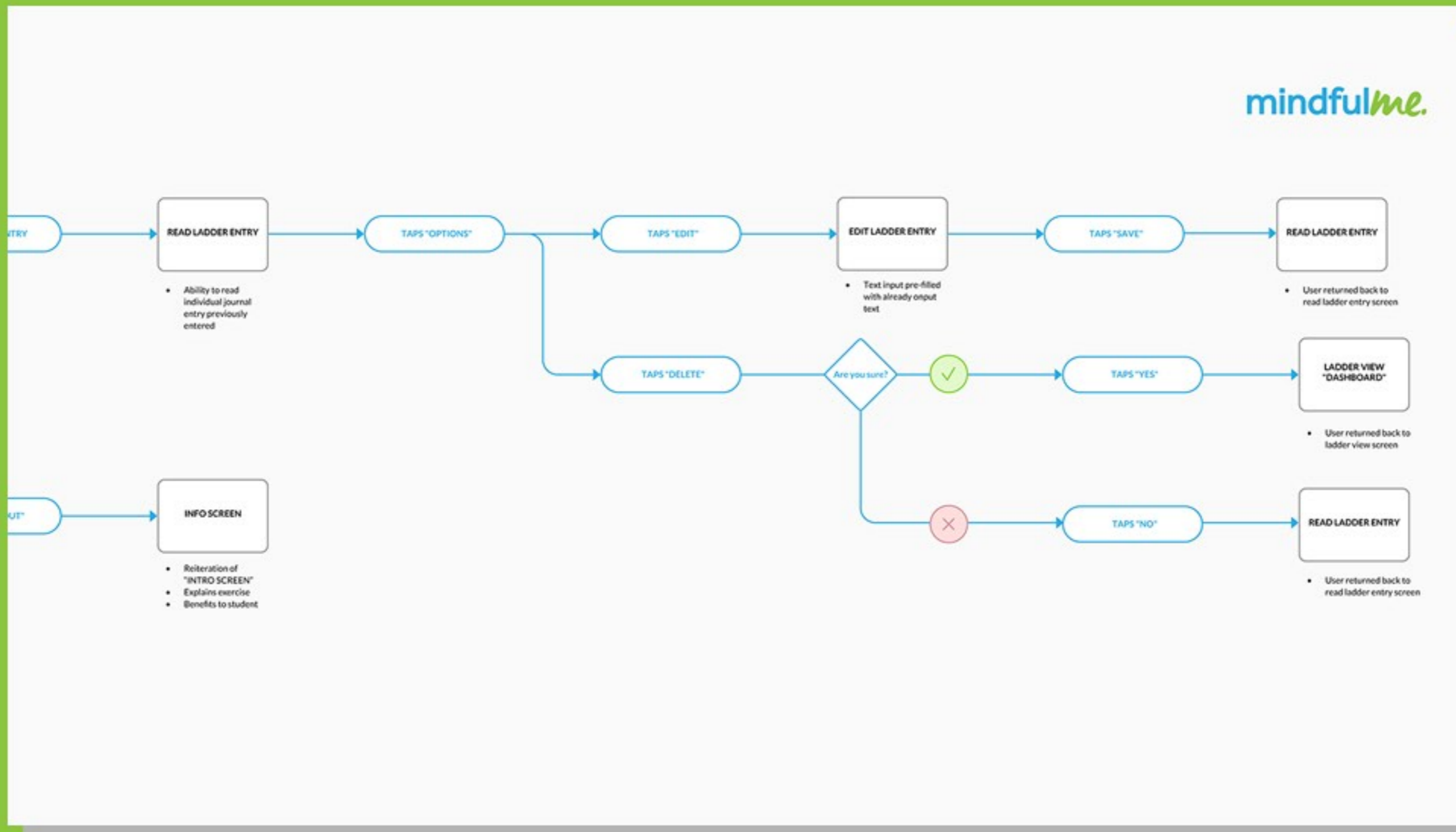
EPIK worked within the app team providing user journey, information architecture, and UX/UI design services to ensure an experience that engaged young people through a series of in-app interactive activities.

V2: STEP BY STEP + BENTO BOX + HIERARCHICAL TREE




STUDENT USING "SAFE SPACE - GENERAL WELLBEING QUIZ"






User journey example



Brilliant!




You've made yet another addition to your mindful ladder. You can make 3 more.

The ladder is imporant because dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore adipiscing.

[Continue](#)

[< Activities](#) ?

POSITIVITY JOURNAL 

Sub title goes here


[Days](#) [Months](#) [Years](#)

2018

- G** I thanked somebody for helping me
- A** I helped a neighbour with something else
- A** I helped a neighbour with something
- G** I thanked somebody again for helping me
- P** I promise to be nicer to my mum
- A** I helped a neighbour with something





[Write in your journal](#)

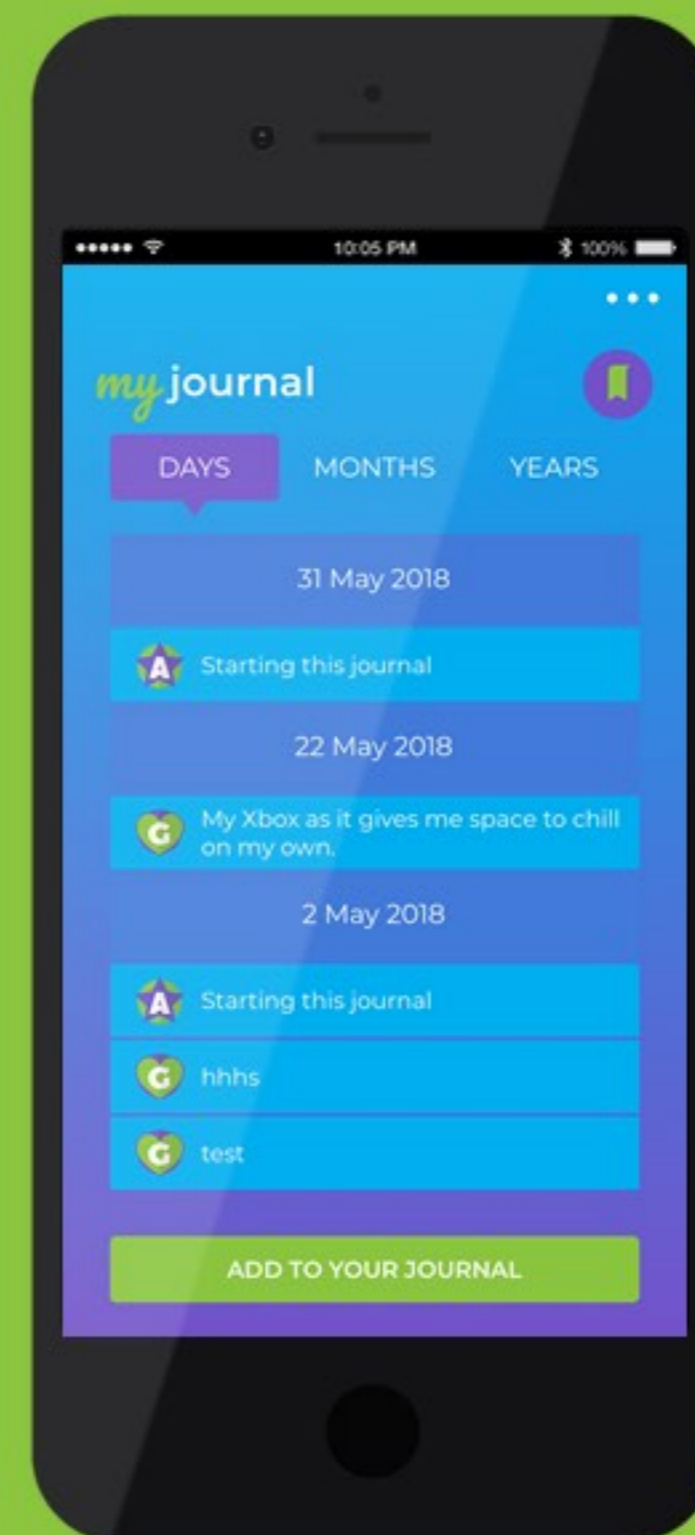
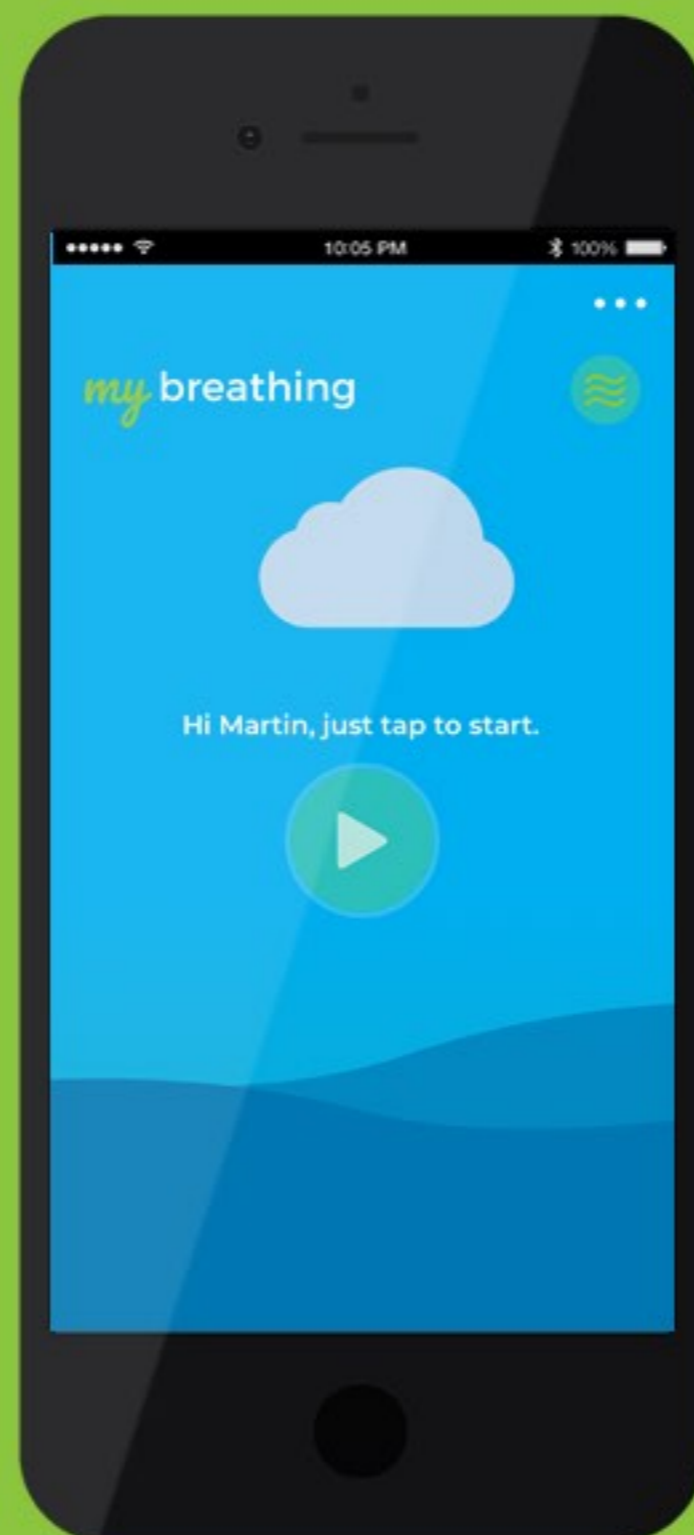
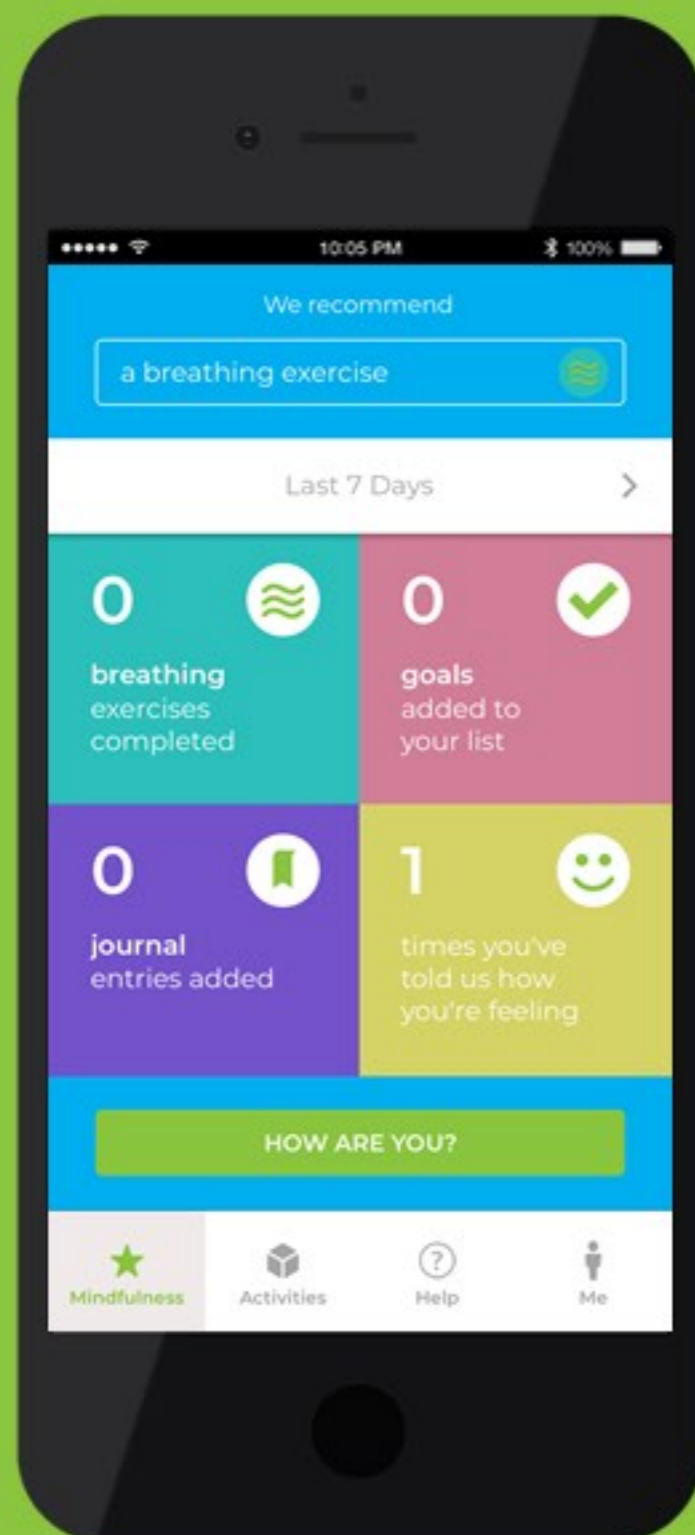
[< Activities](#) ?

MINDFUL LADDER 

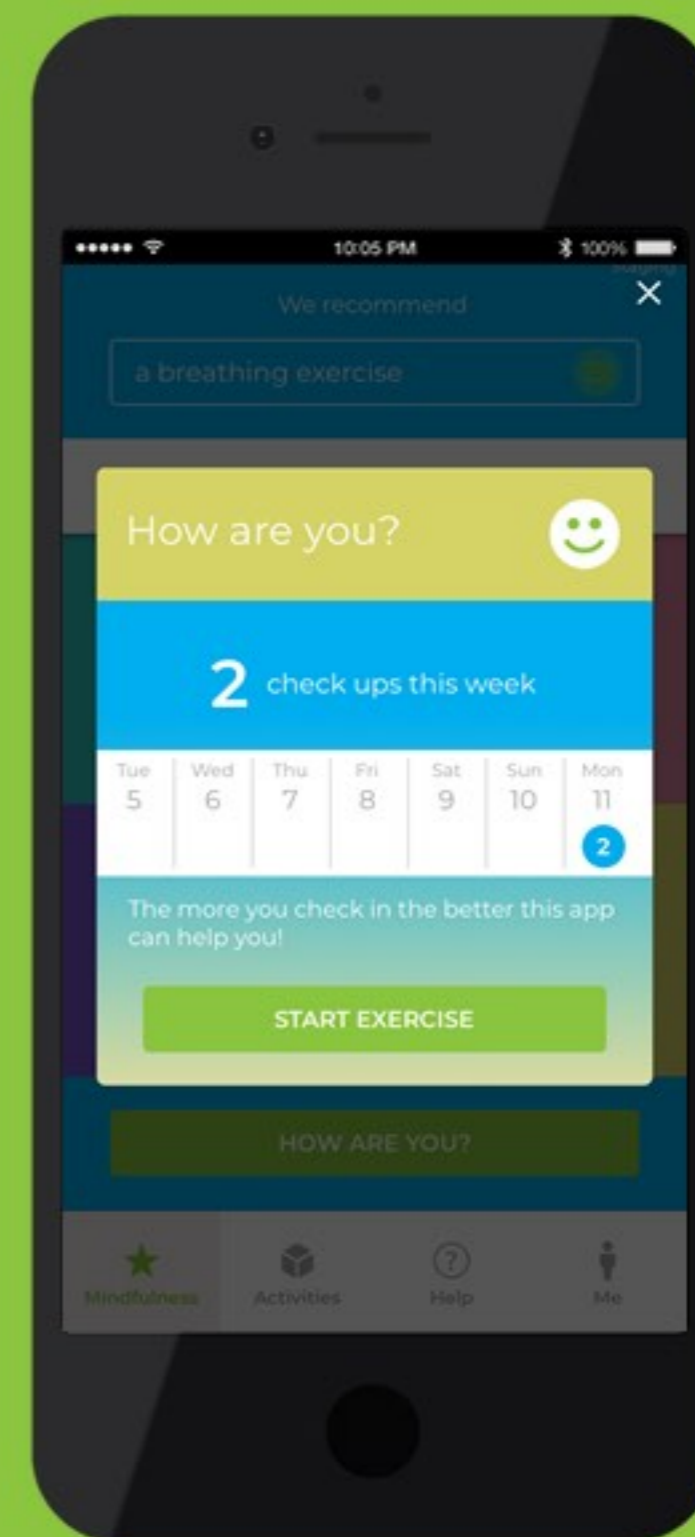
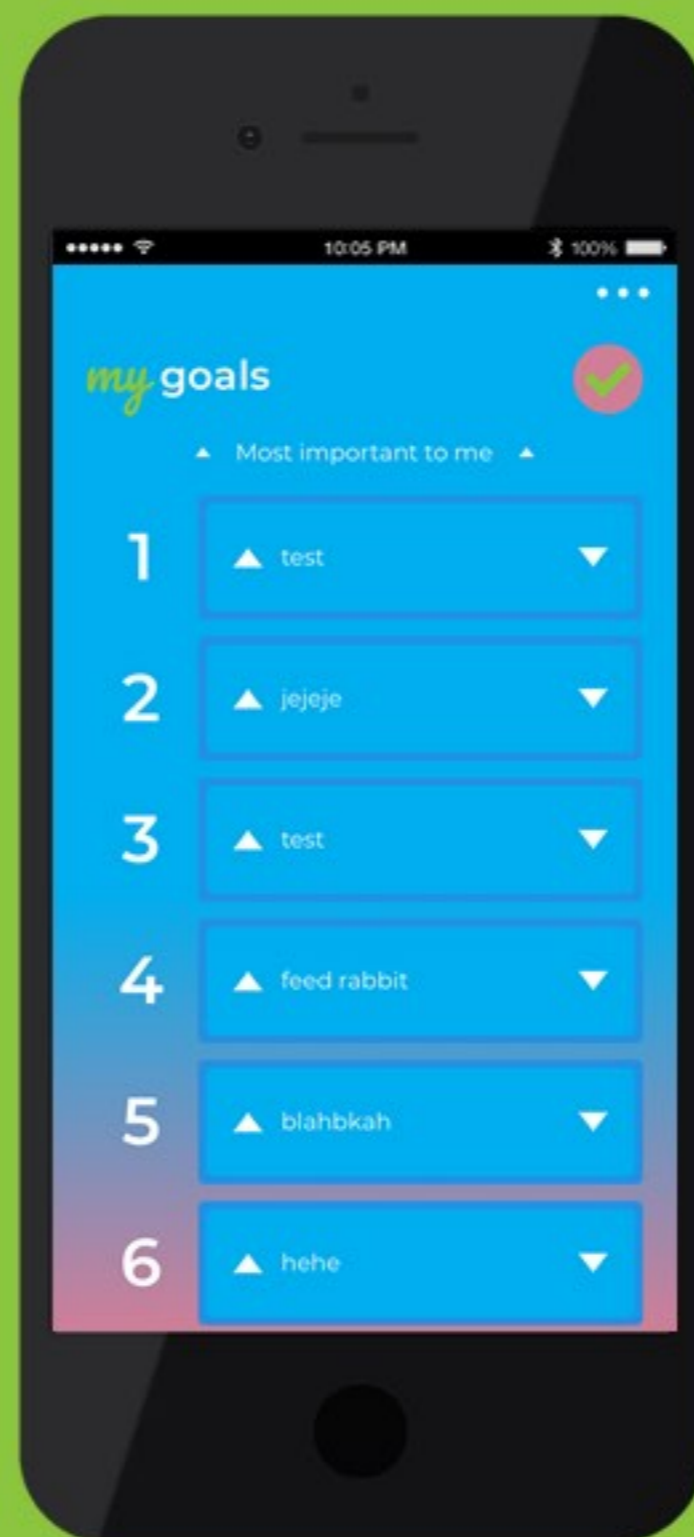
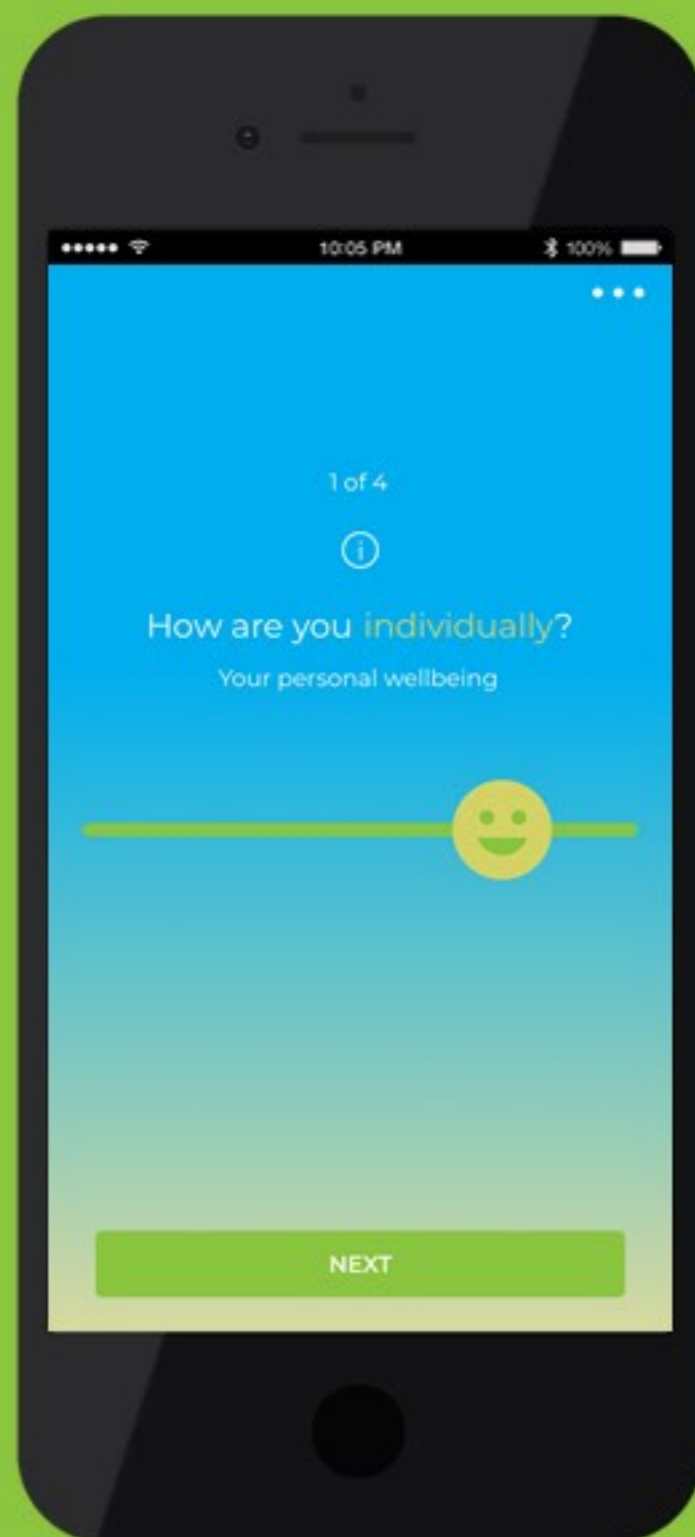
10 things you value

↑ MOST IMPORANT TO ME ↑

- 1**  Love and care for my family
- 2**  Love and care for my family
- 3**  Love and care for my family
- 4** [+ Add another](#)
- 5** 



Visual design example



Visual design example